In Conversation with

Dr. Barbara Kelleher
President-Elect 2015 - 2016

Dr. David Cram
President 2015 - 2016
Dr. David Cram: I grew up in rural Manitoba. I was treated by the docs in Neepawa and saw what they did. And I thought that was “cool” and could see that that is what I wanted to do.

Rounds: Was there anything specific that inspired you?

Dr. Cram: As a university student, I spent some time shadowing Dr. Neil Heywood in Neepawa one weekend. I remember spending a very busy day with him. One boy caught his hand in an auger at the farm and came in with a very severely lacerated, partially amputated hand. Seeing Dr. Heywood’s care and skills was amazing.

And then we saw many other patients with varied illnesses that required treatment. But I just liked seeing the people and the relationship that he had with those people because they knew him as their doctor. He lived in the same community as his patients.

Rounds: Did you always want to be a doctor?
Dr. Cram: I either wanted to be a doc or work at General Motors.

Rounds: Are there other physicians in your family?

Dr. Cram: My cousin Dr. Diane Biehl. I think there were just two or three women in her class. So it was tough. I was always sort of intrigued with what she did. She was one of the reasons I went into medicine.

Rounds: What was it like growing up in Neepawa?

Dr. Cram: My father was an optometrist in town. It’s a small town...a little over 3,600 people. It is quite a vibrant town. And in those days, unlike now, rural Manitoba was thriving. They had an active curling club and a hockey club and lots of community activities going on. And you could just feel the energy in the town. There was life to it. A lot of small towns really struggle to keep their schools open, their hospitals open—to keep businesses and to keep life there. And so many of them have sadly dwindled down to nothing in some cases.

Rounds: You are describing a then and a now. Why the vast difference?

Dr. Cram: You have fewer farms around supporting the town. And fewer people, I think, are staying on the farm to pursue that farm life. I think the cost of supporting infrastructure in small towns is increasingly challenging. The big cities sort of draw people away because they have got the business and opportunities. People are much more mobile now than they used to be.

Rounds: You went to school at University of Manitoba. Obviously, you did a stint in Winnipeg for a while. Did it ever cross your mind to become a city doctor rather than a rural doctor?

Dr. Cram: I knew I wanted to be a rural doctor right from the get-go. The rural practice is very interesting. You do literally everything. You are the emergency doctor, the hospital doctor. Anything coming in the door, you are looking after them. When you see sick people, you admit them to the hospital and you look after them yourself. Whereas in the city, things have changed a lot. For a lot of different reasons, it is more difficult for the GPs to be involved in the hospital anymore. An office-based practice does not appeal to me. I wanted to practice a wide range of medicine. And that is what we do out here.

Rounds: Considering you really get to know your patients and you have worked in rural Manitoba for three decades, does it make it harder to get a good sleep at night?

Dr. Cram: Rather than me worry about what will happen, you just sort of turn it around and be grateful that (when a medical crisis) does happen, that you can help (patients).

Rounds: How many other doctors in the area are there? Are you one of very few?

Dr. Cram: Well no. We have four in town, but a long term partner is leaving but we are delighted to be getting a new graduate out soon. I am hoping that we will get more local grads out here because they are the ones that I think are going to stay longer and hopefully settle into a community. It is a tremendous opportunity. It is good work. It is very satisfying.

Rounds: Your son—the one in medical school—was in a serious car accident at age 16 in your town. How did that affect you?
Dr. Cram: I realized how traumatic that was for the family and how I am glad he had a healthcare professional in town to look after him when that happened. I am grateful that I can be available for others in the same situation.

Rounds: It sounds like you have a lot of empathy for your patients.

Dr. Cram: When I first started, I was pretty rough around the edges. I was young and typical. Life has a way of smoothing out those edges. But both of my parents are deceased. In a rural area, you get to know your patients. So it is not just them being sick. It is about how their illness affects them and the family.

Rounds: What do you do when you’re not working?

Dr. Cram: I love cars. So when I go into Winnipeg, I am usually at car dealerships test-driving cars, given the opportunity. Every Wednesday, I play poker with a bunch of friends. And that is a hoot—the best psychotherapy available. There and anywhere in town I am simply called Doc. I also like my yard and that takes up lots of time.

Rounds: What is your dream car?

Dr. Cram: I think I am driving it—the Audi A6. Supercharged; V6; 303 horsepower, 0 to 60 in 5.7 seconds; handles well; all-wheel drive. It is an Audi. That is all you need to say.

Rounds: When did you develop your fascination with cars?

Dr. Cram: When I was ten years old, I would pester my father to stop by a car dealership. And, of course, he just could not understand why anyone would want to do that. Finally I would drag him to one. And I usually knew more than the salesmen did most of the time.

Interview was lightly edited for clarity and space constraints. shamonawfp@yahoo.com

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Dr. David Folk
Amdocs Physician

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**The Family Cottage**

By MD Financial Management

In many parts of Canada, the price of real estate in recent years has risen dramatically. Vacation properties are no exception. When the owner of the property passes away, tax liabilities associated with capital gains can sometimes be so high that the heirs have no choice but to sell the property. If your goal is to leave this asset to your loved ones, proper planning can help you to ensure they will continue to enjoy your vacation property when you are gone.

**Plan with the end in mind**
The best time to plan is before you purchase a cottage, so that you can structure the ownership in a way that minimizes taxes and ensures the property is passed down to the your heirs. If the cottage is already in your family, there are a few strategies you can consider to cover the impending tax liability upon your death.

Life insurance is the most common way to ensure funds are in place and available for heirs to cover the taxes owed upon your death. With a permanent life insurance policy in place, your executor or beneficiaries will receive a tax-free death benefit that can be used to help pay the taxes owing and keep your second property in the family.

If you decide to deal with the tax liability now, you can choose to transfer ownership of the cottage to your heirs in the form of a gift or sell it to them. There are tax strategies available through the use of a promissory note and a capital gains reserve where the tax liability can be spread out over a five-year period rather than reporting the entire gain in one year. The tax liability will still exist, but the burden can be reduced.

**Speak to an advisor**
There are other ways to ensure that your recreational property can be enjoyed by future generations for years to come. Talk to your financial consultant to determine the best solution for your situation.

For more information on estate planning, life insurance solutions or for assistance with financial planning, contact your MD Advisor, call the MD Service Centre at 1-800-267-2332 or visit mdm.ca/contact-us.

MD Financial Management provides financial products and services, the MD family of mutual funds, investment counseling services and practice management products and services through the MD group of companies. For a detailed list of these companies, visit md.cma.ca.
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GROUP PRACTICE IS NOT FOR EVERYONE

Parkview Professional Center, Winnipeg

For the physician who prefers to run their own practice, but work in a supportive medical building, we welcome you to the Parkview Professional Center. Located at 2110 Main Street in Winnipeg. Building has 16 independent medical units with 15 of them occupied, most for 10+ years. The doctors are all collegial and supportive of one another. Bring an existing practice or start a new one that will fill quickly. Onsite lab, x-ray, pharmacy, physio, dental. Lots of free parking. One 625sf unit available. Landlord will pay for renovations. When you run your own practice you have complete control: No fee splits, office politics, administrators, meetings, quotas or set hours. Select your own staff. Paper or EMR (option to link into shared EMR system). Keep all the revenue from your practice and run it your way. For more info contact Aaron at 204.480.5337 or info@petaron.com.
When third-year University of Manitoba medical student Chris Proctor talks about the career that lies before him, the word ‘privilege’ is one that recurs.

A native of tiny Woodlands, Manitoba, located on the Northern Woods and Water Route northwest of Winnipeg, Proctor considers himself fortunate to be a part of the medical profession — a position he credits to active participation in Doctors Manitoba and the Canadian Medical Association (CMA) as much as to being a medical student.

Unlike many physicians, he does not have any familial connection to medicine. The son of an elementary school teacher and a heavy machine operator, he became intrigued with medicine at the age of eight and never wavered from his goal, although he says he followed an atypical route to med school.

He spent two years as a recreation director, pouring his energy into mobilizing rural community residents, between his health sciences degree at UBC and entry into the University of Manitoba.

“I knew I’d get there at some point,” says Proctor, “even if I took a couple of detours. But I had no big medical influence in my life. What being involved in Doctors Manitoba and the CMA does is make me feel like part of a team. It’s inspiring to be around established physicians, to see them giving up their time to pursue advocacy work on behalf of the profession.”

“Being around these people has been a critical part of my education, and I feel privileged to be part of the conversation. Non-clinical interaction can be as important as what you learn in the classroom or in practice. My exposure to these mentors has influenced who I am and who I will become in my career.”

Proctor has taken an active part in student conferences through membership in the Canadian Federation of Medical Students, and looks forward to continuing involvement.

He considers working as part of the profession as a whole to be an extension of a physician’s involvement with his or her local community.

“Health care is a topic that touches every Canadian. As physicians, we need to focus on our role in the larger picture. How do we help ensure that patients get the quality care they deserve?”

Like most medical students, Proctor faces a heavy debt load when he graduates, with the dream of heading back to rural Manitoba in general practice. But, he believes the anxiety about debt is lifting for many of his peers.

“Increasingly, we’re thinking of ourselves as serious professional students, and being a member of a professional organization can help remove the anxiety associated with the debt. That debt is just part of the privilege of being a member of this profession.”

Remembering the first days of med school — an exhausting three years earlier — Proctor recalls one-on-one meetings with representatives of the provincial and national organizations and MD Financial Management (a CMA company).

“Those meetings let me know just how much support and how many resources were there for us. The relationship I’ve had with them, and all the established physicians I’ve had the privilege to interact with, have assured me, ‘You’re a part of this now. You have a seat at the table. You have a voice.’”

Having a voice, and being a part of organizations that are strong advocates on the issues that matter to physicians and their patients, is a privilege that Proctor believes are priceless.

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The RxTx mobile app makes it easier and faster to make the right choices throughout a busy day in clinic.”

Dr. Javed Alloo
Family physician
Toronto, Ontario

Find out more

For a full list of the CMA’s suite of clinical resources, visit cma.ca/resources. Questions? Contact the Member Service Centre (weekdays, 8 am–8 pm EST) at cmamsc@cma.ca or 888-855-2555 (toll-free).
Manitoba physicians and the CMA help with roundtable on seniors care

Manitoba physicians Drs Margaret Speer and Darcy Johnson recently partnered with the Canadian Medical Association and participated in public roundtables on seniors care organized by MP James Bezan in the riding of Selkirk-Interlake.

Four events were held in February and March in Selkirk, Stonewall, Beausejour and Ashern to ensure as many constituents as possible had the opportunity to voice their concerns. Mr. Bezan worked with the Canadian Medical Association (CMA) to invite Drs Johnson and Speer to address the participants and share their local perspective on the issue.

Attendees raised many concerns related to receiving care in a rural setting; most significant was the need for access to family physicians. Other themes included the social determinants of health, such as housing, and access to resources for seniors on limited incomes. A key takeaway for the participants was the need for individuals to take personal responsibility for their health through preventative measures: while the government can provide some assistance, individuals need to make plans for their future.

During CMA’s 2014 Doctors in the House advocacy day on Parliament Hill, MPs were invited to hold roundtables in their ridings to discuss seniors care. Since then, the CMA has been working with all political parties to support these events in ridings across Canada.

To allow the association to have a grassroots presence while bringing the perspective of a local physician, CMA works with PTMAs to identify regional representatives to speak on behalf of the CMA at these roundtables. The feedback gleaned from these events will be instrumental in shaping the development of a national seniors strategy.

(If there is interest in working with CMA and your local MP to organize such an event, please contact Ms. Renée Belanger at renee.belanger@cma.ca or 800-663-7336 ext. 2397 for more information).
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Located at the busy intersection of Notre Dame and McPhillips, Notre Dame Medical Centre & Pharmacy is a new family care centre scheduled to open in the fall of 2015. This building has its own 16 car parking lot and 3400 square feet to be renovated soon into a pharmacy and six-room family medical centre. It is bound to be bustling and challenging!

We are currently seeking one Full Time Medical Director Physician and one Full Time Physician. The Clinic will run Monday through Friday with the option for weekends off. We look forward to lasting friendships and rewarding family care!

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3. Fax your report to the WCB at 204-954-4999 or toll free 1-877-872-3804

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The quality of Resident training is, in large part, a function of those who teach them. Teaching, supervision and mentorship are hard work but they make a huge difference for Residents and the future of the health care system. At this year’s Residents Reception, which took place on March 13th, PARIM said ‘thank you’ by recognizing a few of the many Attending Physicians who have provided excellent mentorship over the past year, using criteria such as quality of patient care, quality of teaching and interest in a Resident’s development.

Organized by the Medical Staff at HSC and St. Boniface, along with the Winnipeg Regional Health Authority (WRHA), the annual reception provides Residents with a chance to share a social evening with each other and break bread with their Attending Physicians.

Doctors Manitoba, including President Dr. Robert Kippen, was pleased to attend in support of Manitoba’s excellent physicians.

**Dr. Cheryl ffrench** was honoured by PARIM as the ‘On-Site Educator of the Year’

**Dr. Joanna Lynch** was honoured by PARIM as the ‘Off-Site Educator of the Year’

**Dr. James Koenig** received the Professionalism & Mentorship Award

Dr. ffrench commented, “I was honoured to receive the PARIM award from the residents. I consider it a privilege to work in an academic centre and get to interact with an amazing group of residents on a daily basis. They both challenge and inspire me to continue to grow as both an educator and as a physician.”

Dr. Lynch expressed gratitude not only to be given the award but also for the opportunity to teach, saying,

“I feel really fortunate to have had an incredible group of residents over the past few years to teach, and to learn from. They have been an inspiration to me to continue to challenge myself as a physician, and to take on new roles in leadership and patient advocacy. I am truly honoured, as the recognition means so much coming from them. I would recommend teaching to any physician – it enriches my practice every day.”

During the festivities, the Medical Staff presented the Resident Award to Dr. Leon Waye for his significant humanitarian contributions, particularly in Haiti.

Dr. Waye explained the impact of receiving the award, commenting, “I am so appreciative and honoured. Hearing my bio being read aloud the night of the awards dinner was surprising and almost embarrassing as I’ve never done this work to be recognized; I do it because it’s the right thing to do. To be honest, I started my career in medicine because I truly loved connecting and helping people, and not because I was interested in the science.

“Looking out into the room at the awards ceremony was humbling. Every day we change the course of people’s lives with our jobs. This is what we do but the act of stepping outside of the hospital or office and seeing regions or countries in need makes you appreciate what we have and our ability to help. If everyone volunteered and gave once or twice a month, or even once a year, countless more lives would be changed. I hope in some way me getting this award somehow facilitates others to get out and work outside of the hospital or clinic to see new ways of helping people and making a change.”

Congratulations to Drs. Koenig, ffrench and Lynch, as well as many others, for their accomplishments and for making the extra effort to teach the future of medicine!
On-Site Educator of the Year

Dr. Cheryl ffrench
Photo left to right: Dr. Andrew Weiss, Dr. Cheryl ffrench, Dr. Annie Ducas, Dr. Debarsi Das

Off-Site Educator of the Year

Dr. Joanna Lynch
Photo left to right: Dr. Andrew Weiss, Dr. Joanna Lynch, Dr. Debarsi Das, Dr. Annie Ducas

Professionalism / Mentorship Award

Dr. James Koenig
Photo left to right: Dr. Debarsi Das, Dr. Annie Ducas, Dr. James Koenig, Dr. Andrew Weiss.

Resident of the Year

Dr. Leon Waye
Photo left to right: Dr. Tunji Fatoye, Dr. Leon Waye, Dr. Pravinsagar Mehta
Over 450 students in grades 4 to 12 presented the results of their scientific research at the 44th annual Manitoba Schools Science Symposium (MSSS) sponsored by Doctors Manitoba. This year’s event took place from April 23rd to 26th and was hosted at the Max Bell Centre of the University of Manitoba. On Friday, the students participated in hands on science activities and received tours of the laboratories on campus. The Friday activities also gave them the opportunity to practice their presentations before the judging on Saturday. Professionals with expertise in chemistry, biology, physics, engineering, and health were recruited for judging to provide critical feedback to the students. The weekend was capped off my public viewing and the award ceremonies on Sunday, where over $30,000 in prizes were awarded.

This year, Doctors Manitoba increased their sponsorship from the Silver to the Gold level. This additional sponsorship supplied bronze, silver, and gold medals to all of the award winners. The sponsorship also allowed three additional students to attend the Canada-Wide Science Fair (CWSF) in Fredericton, bringing the total MSSS team number to nine students. In Fredericton, Manitoba students won a total of eight medals while having the opportunity to meet like-minded students from across the country. Maitry Mistry, a student from Acadia Junior High, spoke of her time at CWSF and said, “The best part was meeting students from all across Canada who have a passion about science and dedicated about changing the world.”

Best Overall Group

Elementary
You’re Driving Me Crazy!
Students: Adrienne Andres, Katie Skwarchuk
School: Van Walleghem

Junior
Managing Greenhouse Gas Exchange in a Constructed Wetland Model
Students: Evan Chan, Graham Irwin
School: Grant Park High School

Intermediate
Electrically induced phosphenes as a visual prosthetic for those with acquired blindness
Students: Matthew Hewlett, Dawson Kingston
School: Shaftesbury High School
Best Overall Group

Senior
Bio Fuel (Pimatizi Bimide)
Students: Piercing Flett, Cory Flett
School: Pequis Central School

Best Overall Individual

Elementary
Moteurs de moto
Students: Calum Remillard
School: Ecole St. Norbert Immersion

Best Overall Individual

Junior
Effect of Vitamin C on Macrophage Function
Students: Abdullah Rashid
School: Van Walleghem

Best Overall Individual

Intermediate
Effects of Statins on Scleraxis-Mediated Collagen Expression in Fibroblasts
Students: Justin Lin
School: St. John’s Ravenscourt

Best Overall Individual

Senior
Microsoft Kinect as a 3D Scanning Tool
Students: Amanda Wong
School: Grant Park High School

CWSF

Raspberry Pi Smartphone Controlled Garage Door System And Home Automation Concept
Students: Derek Yin, Himanshu Sharma
School: Fort Richmond Collegiate

CWSF

Influence of animal and plant hormone to increase Algae biomass production
Students: Maitry Mistry
School: Acadia Junior High
Physician Dr. Barbara Kelleher, 56, operates a laser, skin and vein clinic in her hometown of Brandon. (She also takes on hospital duties one week per month). The mother, wife and downhill skier recently revealed to Rounds her thoughts about virtues, beef tenderloin—and her recent knee injury.

**Rounds:** What’s your most treasured possession?

**Dr. Kelleher:** I really don’t have much stuff. But my mother recently gave me her original wedding ring. That’s probably my most treasured possession.

**Rounds:** Who or what is the greatest love of your life?

**Dr. Kelleher:** I’d say that would be my husband.

**Rounds:** If you weren’t a doctor, what would you be?

**Dr. Kelleher:** I really don’t know. I did my first degree in computer science. I had an interest in math. I was a computer programmer for five years before I went to medical school. I don’t think I would have persisted in the computer science vain. Maybe I’d have become an accountant and be retired.

**Rounds:** What is your current state of mind?

**Dr. Kelleher:** I have a decent life and a nice family. I think overall I’m pretty content with life. Other than this injury, which is annoying me. So I’m a bit more tired than usual. (Dr. Kelleher tore her MCL and ACL during a family ski trip in Big Sky, Montana).

**Rounds:** What’s the moment in your life that you consider the most life-changing?

**Dr. Kelleher:** I have a grandson who’s two-and-a-half years old. I think it was when that little gaffer was born. That was pretty cool.

**Rounds:** What would you choose as your last meal on earth?

**Dr. Kelleher:** Beef tenderloin with everything. You have to have a baked potato, salad and homemade bread.

**Rounds:** What’s your idea of perfect happiness?

**Dr. Kelleher:** That’s a tough one. I mean you can’t be perfectly happy—but I think it’s when you’re surrounded by all your family and friends.
Rounds: Who do you admire?

Dr. Kelleher: Lots of physicians I know who do good things. Who do I admire? My kids, my little grandson, just about everybody. There’s always something in everybody to admire, don’t you think?

Rounds: What do you despise?

Dr. Kelleher: Cancer. I think that’s the only thing I truly hate.

Rounds: What’s your best character trait?

Dr. Kelleher: I’m incredibly funny—so my uncanny wit. No. I usually think of all the smart answers about 24 hours later.

Rounds: What’s your worst trait?

Dr. Kelleher: I’m a bit short tempered sometimes. But that’s endearing. Ask my husband.

Rounds: What’s the most underrated virtue?

Dr. Kelleher: Maybe honesty. There are so many people out there who aren’t truly honest. And I think that’s a really important virtue.

Interview was lightly edited for clarity and space constraints.

shamonawfp@yahoo.com
Dr. Johan du Plooy

Physician of the Year

Dr. Johan du Plooy completed his medical training at the University of Pretoria in 1979. After working in a family practice clinic in South Africa from 1980 to 1985, Dr. du Plooy emigrated to Canada. Dr. du Plooy started his Canadian practice in McCreary Manitoba in 1986. This was a rural practice where, in spite of the cultural shock from emigrating from South Africa, he endeared himself to his patients, the hospital staff and his colleagues in neighboring communities.

“I was in clinic when I received the call from Doctors Manitoba, which in my mind I briefly confused with the College of Physicians and Surgeons. To be honest, my pulse went up a tad. On hearing I had received this award I wondered whether they had the correct Physician. I have never practiced medicine for the recognition or awards. I just want to do good work, have a decent day and remain enthusiastic about returning tomorrow.”

Dr. Estelle Simons

Distinguished Service Award

Dr. Estelle Simons was born and raised in Vancouver, BC. She is a professor in the Department of Pediatrics and Child Health and the Department of Immunology at the University of Manitoba.

“It has been a privilege to be a member of the medical profession and to be a pediatrician, inspired by some of the greatest pediatricians of the 20th century such as Dr. Harry Medovy. Thank you, Doctors Manitoba, for honoring me tonight with this Award.”

Doctors Manitoba Awards Banquet was held on May 8, 2015 at the Hotel Fort Garry following the Annual General Meeting.

Award Presenter Dr. Robert Kippen
Dr. Jitender Sareen
Scholastic Award

Dr. Sareen is a Professor of Psychiatry in the Departments of Psychiatry, Psychology and Community Health Sciences at the University of Manitoba. Dr. Sareen is widely recognized as one of the most gifted researchers and educators in psychiatry in Canada. His contributions to the field are immense and his prolific record to date is a strong indication that he is becoming a world leader in psychiatric epidemiology.

Dr. John Embil
Health or Safety Promotion Award

Dr. Embil is a Full Professor in Internal Medicine, Section of Infectious Diseases and Medical Microbiology at the University of Manitoba as well as the Medical Director of the Health Sciences Centre and Winnipeg Regional Health Authority Infection Prevention and Control Programs.

Dr. William Pope
Health Administration Award

Winnipeg-born, Dr. William (Bill) Pope completed his medical school and anesthesiology training at the University of Manitoba and the Clinical Research Centre in Harrow, U.K. He has been section head of Adult Anesthesia at the HSC, program director in Anesthesiology and undergraduate associate dean at the University of Manitoba, as well as chief oral examiner in Anesthesia for the Royal College of Physicians and Surgeons of Canada.
New family practice executive to take office

Open positions on the Section (Bloc) of Family Practice Executive were filled following a call for nominations in May 2015.

The following positions were filled by acclamation:

Vice-Chair
Dr. Candice Bradshaw

Treasurer
Dr. Tim Ross

Secretary
Dr. Katherine Kearns

The following positions were filled following a run-off ballot:

Urban Member-at-Large
Dr. Darcy Johnson

Rural Member-at-Large
Dr. Margaret Speer

These new Family Practice Executive Committee members will join the current members consisting of:

Chair
Dr. Michael Gray
(Becomes Past Chair in September)

Vice-Chair
Dr. Edward Tan
(Becomes Chair in September)

Urban Member-at-Large
Dr. Mark Boroditsky

Rural Member-at-Large
Dr. Eric Lane

Academic Member-at-Large
Dr. Clayton Dyck

The terms take effect at the Annual General Meeting September 24, 2015.

For more information on this opportunity, please contact:
Rickie Walkden, Director/Senior Therapist
Sport Medicine Centre
(204) 925-5945
rickie.walkden@sportmanitoba.ca

The Sport Medicine Centre in Winnipeg, Manitoba is seeking a Sport Medicine Physician who is interested in joining a multi-disciplinary team of professionals dedicated to best practices and an enhanced level of patient care.

Sport Medicine Centre practitioners are committed to exceptional patient care experience, professional development, in addition to communicating and working in a team atmosphere. The candidate we are looking for will join our team members in a diverse, dynamic and patient-centered environment.

The Sport Medicine Centre is part of the new Canada Games Sport for Life Centre which is home to Sport Manitoba, over 70 provincial and national sport organizations, our Sport Performance Centre, and the Manitoba Sports Hall of Fame. In the summer of 2015 Sport Manitoba will begin construction of the over 120,000 sq. ft. Training Centre which will adjoin our existing heritage facility. When complete in Spring 2017, the opening of the Training Centre will also provide for a significant expansion of the Sport Medicine Centre.

Spring, summer, fall, winter. Winnipeg is perfectly seasoned for those who love to live, work and play amongst nature’s alternating vistas. If you like sunshine and blue skies, we are the spot for you. Winnipeg is the Cultural Cradle of Canada, the home of the famous Royal Winnipeg Ballet, Folklorama, music festivals galore, even Winnie the Pooh is from Winnipeg! Of course, when it comes to sport you haven’t truly had goosebumps until you experience your first Winnipeg Jets home game or join the Blue Bomber faithful at our new Investors Group Field.

It’s an exciting time for sport and sport medicine in Manitoba. If you are a Sport Medicine Physician interested in joining an exciting opportunity to get in at the ground level, join a dynamic team at a facility that is unique in Canada and are committed to best practices in prevention, performance, and management in an integrated environment then we would like to hear from you!
Patients or residents with life-limiting conditions may experience symptoms such as pain, nausea, or shortness of breath. There may be challenging decisions around goals of care, limiting investigations, or withholding/withdrawing treatments. Difficulties addressing these issues may significantly compromise comfort and quality of life during a vulnerable time.

**SUPPORT IS JUST A PHONE CALL AWAY**

Health professionals experienced in managing complex palliative care issues are available 24 hours a day for consultation with other health-care professionals to assist in the care of adults and children with life-limiting illness, and to support health-care teams involved in their care.

**WRHA Palliative Care Program**
Team members can be reached by calling:

**(204)-237-2400**

or by fax at (204)-237-9162 during regular business hours (0830-1630 Monday to Friday).

**Physician-to-physician consultation**
Call St. Boniface Hospital Paging at:

**(204)-237-2053**

available 24 hours a day for adult patients, ask for the Palliative Care Physician on call to be paged.

**For pediatric patients**
call Health Sciences Centre Paging at:

**(204)-787-2071**

available 24 hours a day for pediatric patients, ask for the Pediatric Palliative Care Physician on call to be paged.
Fifty-three per cent of Canadian Medical Association members trusted MD Financial Management as their primary financial services firm, four times more than the next closest individual competitor at twelve per cent. Survey respondents (MD clients and non-MD clients) were also asked to identify their primary financial institution (MD or Other), and rate their level of trust associated with that institution.

MD received the highest trust rating compared with all other firms rated. Source: MD Financial Management Loyalty Survey, June 2014.

MD Financial Management provides financial products and services, the MD Family of Funds and investment counselling services through the MD Group of Companies. For a detailed list of these companies, visit md.cma.ca. Incorporation guidance limited to asset allocation and integrating corporate entities into financial plans and wealth strategies. Professional legal, tax and accounting advice regarding incorporation should be obtained in respect to an individual’s specific circumstances. Banking products and services are offered by National Bank of Canada through a relationship with MD Management Limited.

"MD’S GUIDANCE MAKES ME FEEL SECURE, COMFORTABLE, AND THAT MY FUNDS ARE SAFE."

“I started with MD in ’81. When I found out about it, I thought it was the right place to be because it’s for physicians and it’s by the CMA, so it’s all within the family. MD has supported me and the advice has been solid and straight.”

– Dr. Arun K. Garg, Laboratory Medicine

EVERY PHYSICIAN HAS A STORY. HEAR MORE FROM YOUR PEERS: MD.CMA.CA/MYSTORY

FOUR TIMES MORE PHYSICIANS TRUST MD.1

1 Fifty-three per cent of Canadian Medical Association members trusted MD Financial Management as their primary financial services firm, four times more than the next closest individual competitor at twelve per cent. Survey respondents (MD clients and non-MD clients) were also asked to identify their primary financial institution (MD or Other), and rate their level of trust associated with that institution. MD received the highest trust rating compared with all other firms rated. Source: MD Financial Management Loyalty Survey, June 2014.
Dr. Roman Seifer
After a lengthy illness Dr. Seifer passed away on January 29, 2015. Dr. Seifer is survived by his wife Vena, son Michael and daughter Colette.

Dr. Seifer was born in Poland and spent his early childhood there, prior to moving to England. He completed his medical studies in Ireland and immigrated to Canada in 1959 and lived in The Pas where he was a family physician before moving to Winnipeg in 1960. After several years in family practice he obtained his post-graduate degree in Psychiatry and practiced for over 40 years.

Dr. Ethan Rubinstein
After a short illness Dr. Rubinstein passed away on January 29, 2015, while in Israel. Dr. Rubinstein was born in British Palestine in 1941. He received his medical degree from the University of Basel in Switzerland in 1968. He received a law degree from Tel Aviv University in 1985 and then moved to Canada, eventually settling in Winnipeg. He was the head of Infectious Diseases at the Health Sciences Centre. His research focuses included influenza vaccine, MRSA, anthrax and chronic pulmonary disease. He was particularly noted for his study of the H1N1 and other influenza vaccines.

Dr. James Asselstine
Dr. James Asselstine passed away peacefully on March 21, 2015 at the age of 94. Dr. Asselstine is survived by his children Lionel, Karey, Norman, Margit and Maralee. He was predeceased by his parents, brother Wilbert, sister Grace and wife Asta. Dr. Asselstine was born in Chatham, Ontario in 1921 and grew up in St. Catharines.

He had a long and pioneering career as a psychiatrist and medical administrator in Winnipeg. He graduated from the University of Toronto in 1944 and moved to Manitoba in 1948 to being his practice in psychotropic treatment at Selkirk Mental Hospital where he met his wife. They moved to Winnipeg in 1951 when he became the founding Director of the Child Guidance Clinic of Greater Winnipeg. He held this role until the early 1970’s, at which time he moved in shorter terms at the Alcohol Foundation of Manitoba and the Department of Health and Welfare. His last position was held at the Victoria General Hospital where he worked with a team of psychiatrists treating individuals until his retirement at age 71.

Dr. David A. I. Grewar
Dr. David Grewar passed away peacefully on April 30th, 2015 at the age of 93. He is survived by his daughters, Susan, Fiona, and Katrina, sons Colin, Neil, Bruce, Ruairdh, and Peter. He was predeceased by his wife, Dr. Margaret Joyce Grewar and sister Betty Grewar.

Dr. Grewar was born in Dundee, Scotland and obtained his medical degree from the University of St. Andrews in Scotland, where he met and married fellow medical student Joyce Davies. In 1953 he came to Winnipeg for a six month residency in Pediatric medicine at Children’s Hospital. The opportunity to perform ground-breaking work with Doctors Bruce Chown and Harry Medovy on RH diseases in newborn babies convinced him that Winnipeg was where he wanted to stay, and in 1955 Joyce and their three daughters traveled from London, England to join him.

Dr. Grewar went on to practice as a pediatrician for more than 50 years, serving through Children’s Hospital, the Shriner’s Hospital and St. Boniface Hospital, where he was Chief of Pediatrics. He also enjoyed teaching in the University of Manitoba’s Faculty of Medicine.

Perhaps the area of his practice that brought him the most joy was his service in the North. He had a passion for the North, and he was happiest working long hours delivering care to Aboriginal and Inuit families in communities like Berens River, Little Grand Rapids, Baker Lake and Repulse Bay.

In 2010 he was made a member of the Order of Manitoba, the highest honor in the Province of Manitoba for his “exceptional contribution to northern health care, particularly among the Aboriginal and Inuit children of northern Manitoba and Nunavut”. It was one of many honours he received over his career, including the Manitoba Medical Association’s Distinguished Service Award.

Dr. Wendy Mooney
Dr. Wendy Mooney passed away on May 17, 2015 in Ottawa at the age of 53, after a courageous battle with cancer and related complications. Predeceased by her father, Verne, Wendy is survived by her mother, Ruth of Cartwright, MB and her brother Bill and family of West Vancouver, BC.

Dr. Mooney graduated from the University of Manitoba received her M.D. in 1986. In demand at the Lombard Concourse Medical Centre, she served her community for nearly 20 years and in doing so made many lifelong friends and a difference in countless lives. Opportunity knocked many times, but a chance to combine her love of science and medicine along with her desire to serve was too great an opportunity and in 2005, she moved to Ottawa to join the Clinical Evaluations Division of Health Canada. In her 10 years at Health Canada, her accomplishments and awards would continue and most importantly, her extended family of amazing friends and colleagues would grow.
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